highflyers

TRAMPOLINE + GYMNASTICS

OPEN GYMNASTICS

Come and have a go at one of our open gymnastics sessions. It is a fun casual session of gymnastics, tumbling, trampolining techniques for anyone. Coaches are there to watch for safety, it is not a formal class. Does not matter if you are an ex-gymnast or your first time at High Flyers, this session has it all.

Our qualified coaches have many years of experience and are able to help you with any particular skill you may want to learn. Improve your flexibility, fitness, strength, co-ordination, confidence and skill level.

SESSION FOR SATURDAY

4-12 Yr olds 12-1.30pm

ONLY $20 per session.

Gymnastics Western Australia

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Book online via our parent portal. See website for details.