



Kindy Gymnastics

Walking to 5yrs

**Print this flyer or show on your smart phone to receive
50% of your first kindy gym class**

**Experts recommend children under 5yrs get 3 hours of
structured exercise a week.**

**Gymnastics builds confidence and strength enabling
children to explore and learn in a safe environment.**

**The experienced and accredited coaches at High Flyers
invest the love for their sport and their knowledge to
provide the best possible experience for your child. To
teach them movement and coordination, as well as the
ability to actively listen and remember.**

Come along and see for yourself!

