

Welcome to our Easter newsletter!

UPCOMING DATES

7th April Re-enrolments due
13th April Enrolment Day
14th April Term 1 ends
29th April Term 2 starts

Update Contact Details

T 9309 3500
E reception@highflyerswa.com or
Highflyers1@bigpond.com

Parent portal:

<https://app.iclasspro.com/parentportal/highflyers>

Coach or Judge? Join Our Team!

T 9309 3500
E See Tony, Paige, Igor, Belinda

Recreational athletes break from 14th April, then term 2 commences 29th April 2019. Competitive athletes break please see individual coaches.

Due to the move **all classes are cancelled on Saturday March 23rd**, coaches for competitive will try and do a make up please see your coaches. Recreational classes we will offer a make up, (a one off only).

Please email gymnastics Amber amber.clarke@highflyerswa.com, trampoline Kasey kasey.kilday@highfdlyerswa.com, tumbling Luke on Luke.lythall@highflyerswa.com and kindy Kylie kylie.tyler@highflyerswa.com

FROM 25TH MARCH PLEASE ATTEND AT THE NEW GYM TO 48b LUISINI RD, WANGARA.

Please be aware High Flyers is a nut free zone! Athletes do not bring any nuts in for snacks. No jewellery is to be worn please, this is for safety reasons

All children must wait indoors until a parent has collected them. If you are going to be late please ring reception so your child will not be worried.

Sickness: If your child is unwell, please keep them at home during the duration of their illness. In the gymnastics environment, bugs spread very quickly and we like to look after all staff and athletes alike. There is also more risk to injury whilst unwell.

Re-Enrolments: Within the next few weeks you will receive an invoice for term 2 class, based on term 1 enrolment. If you want to move class or need to move up to a later class, please email highflyers1@bigpond.com by 7th April 2019 and let them know your requirements. We cannot complete this process till after 8th April 2019, and will let you know before the 14th April 2019 by email if successful. Please check your invoice payable, as there may be a credit from overpayment in term 1 due to you, or an amount due from an underpayment from term 1. If you have not received the invoice, then please check reception have your email details correctly. We use iclass but they have told me the email will come from highflyers1@bigpond.com, but could go to junk. Also you should have an account, so if the first time of using the portal please sign in with the email we have, but ask for a new password. Then find your child on the system with your invoice etc. Please see website or reception for further details or any questions.

Re-enrolments need to be in by 7th April 2019 along with full fees, otherwise your spot will be filled. Term 2 2019 is a 10 week term, 9 for Mondays only. Invoices have been changed. **If you have not paid by the 7th April 2019 we will take off your child's booking and fill on enrolment day if not before with any one wishing to move class. Please ensure if paying by internet this is paid by 4th April as it takes a couple of days to clear. You can also pay by credit card through the parent portal. Please go to www.highflyerswa.com to set up through the parent portal, and check all details are correct, you should be in the system, but you will need to create a new log in details to access the portal.**

Enrolment Day: We will be having enrolment day for people on the waiting list on 14th April. This is by invitation only. People on the waiting list will be invited by text message, to attend enrolment day. If you know of anyone wanting to join the club, please see reception to add them to our waiting list. We will need their name, date of birth, mobile and which gym sport they wish to enroll into. We may also trial booking by parent portal, depending on how we go with re enrolments, but will let everyone know either way by text.

Future plans: Our new centre in Wangara, is situated on 48B Luisini Rd, opposite end and opposite side to the BMW showroom. We will be moving in on 23/24th March 2019, and if you are able to help even if only for an hour or so please email trampolinetony@gmail.com to let us know. There are lots of jobs to do, not just lifting. We have to make good the two present buildings.

True Sport: High Flyers have signed up with a new campaign called True Sport, please see the posters around the gym or: www.dsr.wa.gov.au/truesport/what-is-true-sport. On our facebook we also have links to BelievePerform which has brilliant posters re mental attitudes to performance. Have a look or sign up to this British company. These are good for children through to adults.

Media: our website (www.highflyerswa.com), Facebook (www.facebook.com/highflyerstga) and twitter (www.twitter.com/highflyerstga) The places for photos and event updates. If you haven't done so, don't forget to like and share all you can and help our gymnasts receive the recognition they deserve! We also have Instagram and our handle is highflyerstga. Any news or pictures you would like us to share should be emailed to media@highflyerswa.com.

Uniforms: We are now using a company called GMD to make all of our uniforms apart from leotards. Please see our live website page on <https://www.gmdirect.com.au/collections/high-flyers> for the various uniforms available. Tracksuit and customised shirts can only be ordered by bulk, so please see reception to try on a sample and order ready for the next bulk order, end of April. Or I do have badges available for \$10 to go over the old logo for example on backpacks. Please email Emma directly if you want to purchase.

48b Luisini Rd, Wangara WA 6065

E highflyers1@bigpond.com/reception@highflyerswa.com

T 9309 3500 W highflyerswa.com, facebook.com/highflyerstga

Come and try sessions: Have you been to our open sessions yet?

Saturdays we have open gym sessions 12-1.30pm for 4-12 year olds. The session is \$15 per session. Parents can join in for \$5 extra. The session is unstructured, but we have coaches there to supervise. You do not have to be a member of High flyers to come along, so introduce your friends to the great sport of gymnastics, trampolining or tumbling. Advisable to book on 9309 3500, as we have limited numbers. 10 years plus session is 6-7.30pm on Saturday nights @ \$20 (GWA members) or \$25 per child.

We have daytime gymnastics classes (Gentle Gym) for adults of all ages on Thursdays from 9.30-11am at a cost of \$20 per session, which reduces to \$15 per session once you have paid your GWA insurance. Please see reception or High Flyers website for more details. Come and see if you can do what your child is doing! Plus usual adults classes 7.30-9pm Mondays (not public holidays) and Thursday.

Holiday Program now taking bookings via parent portal:

We are running a sporting program at High Flyers over the school holidays for 4-12 year olds, Tuesdays/Wednesday/Thursdays only. Booking essential. Not open public holidays. We do require a minimum of 10 participants to run each session.

Holiday club will be open weekdays from 15th April to 28th April 2019. **Closed public holidays.**

Full Day (\$90, includes lunch): 8.30-4pm **Half Day (\$50):** 8.30-12pm or 12.30-4pm (includes morning and/or afternoon tea.)

Monday and Fridays, we have an open kindy class, which is open to any child aged 18 months to 5 years of age; they do not have to be a member of High Flyers. Please see separate leaflet at the gym, or on our website www.highflyerswa.com. Limited class sizes

Workshops for aged 7 years plus:

We will be running more structured workshops, please see leaflets and parent portal to book in. We have workshops Monday and Friday Learn to somersault and also learn to do parkour 10.30-12pm, and then open sessions 12.30-2.30pm. Why don't you let us provide lunch and then your child can stay from 10.30-2.30pm for \$47.50.

Open Holiday Program:

Mon/Fri we will be running open sessions 12.30-2.30pm for 5-12yr olds. These are free play sessions and advisable to book as limited spaces. Cost \$20 per child per session

Trampolining certificates: We now use our iClass database program for logging skills, attendance and levels which is saving on paperwork, you can log on and see how your child is progressing for trampolining.

Gym re-enrolments: Children will be grouped by their age and skillset for term 2. This will then allow the Coaches to teach skills relevant to the stage the whole group is at, rather than having to teach a different skill to each child. We think that this will then be assisting children to work through a level appropriate to their age and own ability, rather than skipping skills to keep up with the class or being held back as others within their group are at a different level. We will also be mixing boys and girls into same groups, as they do the same skills.

Parent Portal: We have now introduced a Parent Portal through our iClass database to enable you to make inquiries regarding classes. You can now book directly into a recreational class and/or pay as you go holiday session. The portal is accessed via our website. (www.highflyerswa.com). You will also be able to see the trampoline recreational skills levels and what your child is up to along with notes. If you are a member of High Flyers you should have an account, so please put in your email, but if first time on then create a new password, and then off you go.

Competitions: We would like to wish all of our higher level athletes the best of luck for State championships and selections for the WA state team to go to National Championships. There have been a lot of changes in the past year in line with a new Olympic year, with higher qualification scores, and harder levels routines and skills.

Future plans: From October 2019 we are looking to move everyone onto monthly fee for recreational and competitive athletes. Please keep posted for further announcements.

Café: High Flyers Bouncing Bean Café will be opening for your convenience so please do not bring outside food in and we are a nut free zone. If you have any requests for future items please see café staff.

