



UPCOMING DATES

June 2017

17th Re-enrolments due

24th Enrolment Day

July 2017

2nd Term 2 ends

17th Term 3 starts for
Recreational athletes

Welcome to our Winter 2017 Newsletter!

Recreational athletes have from 2nd July to 16th July 2017 off when term 3 commences.

Competitive athletes please see your coaches for your break times.

As per our Dress Code, no jewellery, except one pair of studs, is to be worn by any athletes at High Flyers. If you are unable to take out your piercings, due to them being new, they must be covered.

All children must wait indoors until a parent has collected them. If you are going to be late please ring reception so your child will not be worried.

Please be courteous when sitting in café area at 26 Dellamarta, as seating is limited. Please only use if your child needs a chair and give priority to adult members. You are not required to stay with your child whilst lessons are on, any emergency we will contact you if not here.

Sickness: If your child is unwell, please keep them at home during the duration of their illness. In the gymnastics environment, bugs spread very quickly and we like to look after all staff and athletes alike. There is also more risk to injury whilst unwell.

Enrolment / Booking Forms



Download from
Highflyerswa.com

Update Contact Details

T 9309 3500

E admin@highflyerswa.com

Coach or Judge? Join Our Team!

T 9309 3500

E admin@highflyerswa.com

See Tony, Paige, Igor, Pete



Olympic sized floor



Euro Trampolines



Full equipped Olympic gymnastics



Spectator Area



Nappy Changing



Parking

Re-Enrolments: Recreational athletes should have received a re-enrolment form from your coach. Please return the re-enrolment form fully completed, ensuring correct e-mails and mobile numbers are listed, as these are our preferred way of communication. Please check your fees payable, as there may be a credit from overpayment in term 2 due to you, or an amount due from an underpayment from term 2.

Re-enrolments need to be in by 17th June 2017 along with full fees, otherwise your spot will be filled. Term 3 2017 is a ten week term.

The enrolment form must come back to reception along with your full payment, even if you have paid via Internet or telephone.

Enrolment Day: We will be opening new enrolments for people on the waiting list after 24th June 2017. This is by invitation only. People on the waiting list will be invited by text message, to enroll, nearer the time, either by attending High Flyers or via text and our website. If you know of anyone wanting join the club please see reception to add them to our waiting list. We will their name, date of birth, mobile and which gym sport.

Welcome Pack: All new members receive a tee shirt and a drinks voucher for the café, as long as they have paid their one off family joining fee (\$27.50 per family). Please see reception if you have not received one.

Kindy: If your child turns 5 during term 3, they need to get their name on the waiting list for after school classes, as they do get priority. The trampoline and gymnastics are split. They can join the recreation program the term they turn 5, or once they are 4.5 and have completed a full term of kindy. They have priority as long as they are already enrolled in the kindy classes. They may also stay in the kindy program until they start full time school, if they prefer. Please see Kylie if you have questions.

Trampolining certificates: Kasey has changed the system of certificates slightly due to difficulty of children reaching the standards required for the higher levels. From now you will get a pass certificate once the level is completed and a participation certificate at the end of the year if the level is not passed. The higher levels are taking more than a term to complete.

Tumbling: We have added a few new classes for Wednesday term 3 for intermediate 7-9pm and also an open aged class 7-9pm, then Saturday beginners 10-11 and 11-12pm, and intermediate 10-11.30am. If you would like to move to one of these classes please put this on the re enrolment form.

Training for competitive athletes: Please see your coaches for details of dates for training over holidays. The centre is closed on public holidays.

High Flyers uniform extras: Did you know we have several items with High Flyers logos on such as polo shirts, hoodies (\$60 child size, \$65 adults), beanies \$25 each (one size) backpacks \$45. We can get your name added on most at an extra charge. They are all black. Good birthday or Christmas presents! We also stock grips for bars (ladies and men's) and shoes for trampolining and double mini. Please see reception to order. Allow a couple of weeks for embroidery.

Administration: Please make sure reception have your updated details, as our preferred method of contact is via email or text.

Cheer at High Flyers: Cheer Aesthetics are now partnering with High Flyers and coaching competitive cheer programs for all ages and experience levels, from beginner to advanced level. This is held at the rec gym. If you are looking to join please contact coach Hannah on 0433 791 417 or cheeraesthetics@live.com.au, or see our website for more information. More Info on their Facebook page Cheer Aesthetics.

New come and try it classes: We have some come and try classes at 26 Dellamarta Road gym.

Saturdays we have open gym classes 12-1.30pm for 4-8 year olds, and 9-12 year olds at 1.45-3.15pm. For 2017 the classes are \$15 per session. Parents can join the younger session for \$5 extra. These sessions are unstructured and the whole of the gym is open for use. Coaches are there to supervise. You do not have to be a member of High flyers to come along, so introduce your friends to the great sport of gymnastics, trampolining or tumbling. Advisable to book on 9309 3500, as we have limited numbers.

Over the school holidays we will be having new sessions Monday and Fridays 10.30-12.30pm for 5-9yrs, and 1-3pm for 10-16 yrs. Please book in advance so we can provide correct staff and as we have limited space. Cost is \$15 per head for this holidays. More info on the holiday leaflets.

We now have daytime gymnastics classes (Gentle Gym) for adults of all ages on Mondays and Fridays from 9.30-11am, at 29 Dellamarta Road. Cost is \$20 per session. Same conditions as adult classes, please see reception or website for more details.

Holiday Program:

We are running a sporting program at High Flyers over the school holidays for 4-12 year olds, Tuesdays, Wednesdays and Thursdays only. Booking essential. Not open public holidays.

We do require a minimum of 10 participants to run each session.

Holiday club will be open weekdays from 10th April to 21st April 2017.

Full Day (\$80, includes lunch: 8.30-4pm **Half Day (\$45):** 8.30-12pm or 12.30-4pm (includes morning and/or afternoon tea.)

Monday and Fridays, we will have an open kindy class, which is open to any child aged 18 months to 5 years of age; they do not have to be a member of High Flyers. Please see separate leaflet at the gym.

Please wear sporty clothing, no denim or jewellery, and bring a drink and socks. Limited class sizes, so bookings are essential. Full payment must be received at time of booking. Limited class sizes so booking essential.

Media: our website (www.highflyerswa.com), Facebook (www.facebook.com/highflyerstga) and twitter (www.twitter.com/highflyerstga) The go to places for photos and event updates. If you haven't done so, don't forget to like and share all you can and help our gymnasts receive the recognition they deserve! We also now have instagram and our handle is highflyerstga. Any news or pictures you would like us to share should be emailed to media@highflyerswa.com. We now have free WiFi for all our customers, please see noticeboards for details on how to log on!

Fundraising and Sponsorship: Please see your coach for information.

Results from comps:

Higher levels competitive athletes have finished their state competitions and are flying out to represent WA if selected for the team in the next week. Good luck to all MAG, TRP and TUMB athletes selected.

All results should be posted on our website (highflyerswa.com) and Facebook within one week of the competition. Pictures are on Facebook and our website, and on the GWA results page. Please send any information or pictures to Ricardo.

Some highlights of the season from:

MAG: Congratulations and good luck for the boys and coaches traveling to Nationals 22-28th May. L-9(U-15) - Jeremy, L-7 Open - Jacob, L-8(U-14) - Matthew and Oliver L-7(U-12) - Rio, Taj, Nathaniel, Alexander, Porter. Kazu and Igor are the coaches.

Thanks a lot to all boys who competed in the Fundraising competition. (See photo one.)

At states these were standout performances:

L9 (U15) Jeremy- overall 1st,

L8 Matthew- 1st overall, 4 individual 1sts, 2 2nds, Oliver - 2nd overall, 2 individual 1sts and 4 individual 2nds.

L7 U12 Taj- 1st high bar and bars, 1st overall, Rio-1st bars, 2nd vault, high bar, 3rd rings, 2nd overall, level 7 team 1st Taj, Alexander, Rio and Porter,

TRP and TUMB: There are 7 athletes attending team future at end of June, they are Lachlan, Dylan S, Roman, Kira, Lara, Mackenzie, Olivia W, Sally, along with coach Ricardo.

We have 31 High Flyers athletes representing WA at nationals from 31st May to 4th June. Elliot, Ricardo and Pete will be coaching, Tony and Chrissie judging. Good luck to all.

At state championships High Flyers had 25 state champions across trampolining and tumbling. Please see website for full results. Well done to everyone. Standouts: Olivia, Lachlan G (2 disciplines), Joshua, Damian (2 disciplines), Sally, Lachlan R (2 disciplines), Sarah (2 disciplines), Jack (2 disciplines), Roman (3 disciplines), Mackenzie, Adam, Lara, Samantha, Emma, Dylan, Kayla. (See photo 2.)

WAG: All the girls did a fantastic job at State Championships and represented High Flyers with pride. It was great to see all the girls cheering for each other and supporting their teammates throughout the weekend. Overall there were plenty of top 6 finishes in divisions which had up to 30 gymnasts. Some standout performances were:

L6: Tiarni - 3rd bars, 2nd overall, Madison - 1st bars, 1st floor, 5th overall, Daisy - 1st bars, 3rd beam

L7: Olivia - 1st vault, 2nd overall, Darcy - 4th overall, Liberty - 3rd vault, 5th overall, 3rd place for the level 7 team - Kylie-Ann, Izzy, Milly, Olivia, Darcy, Jannah. (See photo 3.) L8: Maddy - 3rd bars, 5th overall

Grace and Jannah have been selected along with coach Paige to represent WA at the Border Challenge, in Queensland 21-24th June.

At end of June Darcy, Kylie-Ann and Izzy have been selected to attend a training camp at AIS along with coach Beth.

