



UPCOMING DATES

Mar 2017

25th Re-enrolments due

April 2017

1st Enrolment Day

8th Term 1 ends

24th Term 2 starts for
Recreational athletes

Welcome to our Easter 2017 Newsletter!

The last day for recreational athletes is Saturday 8th April 2017, returning on Monday 24th April 2017. Competitive athletes please see your coaches for your break times, there is a one week break over Easter.

As per our Dress Code, no jewellery, except one pair of studs, is to be worn by any athletes at High Flyers. If you are unable to take out your piercings, due to them being new, they must be covered.

All children must wait indoors until a parent has collected them. If you are going to be late please ring reception so your child will not be worried.

Please be courteous when sitting in café area at 26 Dellamarta, as seating is limited. Please only use if your child needs a chair and give priority to adult members. You are not required to stay with your child whilst lessons are on, any emergency we will contact you if not here.

Sickness: If your child is unwell, please keep them at home during the duration of their illness. In the gymnastics environment, bugs spread very quickly and we like to look after all staff and athletes alike. There is also more risk to injury whilst unwell.

Enrolment / Booking Forms



Download from
Highflyerswa.com

Update Contact Details

T 9309 3500

E admin@highflyerswa.com

Coch or Judge? Join Our Team!

T 9309 3500

E admin@highflyerswa.com

See Tony, Paige, Igor, Pete



Olympic sized floor



Euro Trampolines



Full equipped Olympic gymnastics



Spectator Area



Nappy Changing



Parking

Re-Enrolments: Recreational athletes should have received a re-enrolment form from your coach. Please return the re-enrolment form fully completed, ensuring correct e-mails and mobile numbers are listed, as these are our preferred way of communication. Please check your fees payable, as there may be a credit from overpayment in term 1 due to you, or an amount due from an underpayment from term 1.

Re-enrolments need to be in by 25th March 2017 along with full fees, otherwise your spot will be filled. Term 2 2017 is a ten week term, apart from Mondays and Tuesdays which are 9 week term, we are closed for public holidays.

The enrolment form must come back to reception along with your full payment, even if you have paid via Internet or telephone.

Enrolment Day: We will be opening new enrolments for people on the waiting list after 1st April 2017. This is by invitation only. People on the waiting list will be invited by text message, to enroll, nearer the time, either by attending High Flyers or via text and our website. If you know of anyone wanting to join the club please see reception to add them to our waiting list. We will their name, date of birth, mobile and which gym sport.

Welcome Pack: All new members receive a tee shirt and a drinks voucher for the café, as long as they have paid their one off family joining fee (\$27.50 per family). Please see reception if you have not received one.

Kindy: If your child turns 5 during term 2, they need to get their name on the waiting list for after school classes, as they do get priority. The trampoline and gymnastics are split. They can join the recreation program the term they turn 5, or once they are 4.5 and have completed a full term of kindy. They have priority as long as they are already enrolled in the kindy classes. They may also stay in the kindy program until they start full time school, if they prefer. Please see Kylie if you have questions.

Trampolining certificates: Kasey has changed the system of certificates slightly due to difficulty of children reaching the standards required for the higher levels. From now you will get a pass certificate once the level is completed and a participation certificate at the end of the year if the level is not passed. The higher levels are taking more than a term to complete.

Training for competitive athletes: Please see your coaches for details of dates for training over Easter holidays. The centre is closed on public holidays.

High Flyers uniform extras: Did you know we have several items with High Flyers logos on such as polo shirts, hoodies (\$60 child size, \$65 adults), beanies \$25 each (one size) backpacks \$45. We can get your name added on most at an extra charge. They are all black. Good birthday or Christmas presents! We also stock grips for bars (ladies and men's) and shoes for trampolining and double mini. Please see reception to order. Allow a couple of weeks for embroidery.

Administration: Please make sure reception have your updated details, as our preferred method of contact is via email or text.

New come and try it classes: We have some new come and try classes at 26 Dellamarta Road gym.

Saturdays we have open gym classes 12-1.30pm for 4-8 year olds, and 9-12 year olds at 1.45-3.15pm. For 2017 the classes are \$15 per session. Parents can join the younger session for \$5 extra. These sessions are unstructured and the whole of the gym is open for use. Coaches are there to supervise. You do not have to be a member of High flyers to come along, so introduce your friends to the great sport of gymnastics, trampolining or tumbling. Preferable to book on 9309 3500, so we can have extra staff should we have a busy week.

We now have daytime gymnastics classes (Gentle Gym) for adults of all ages on Mondays and Fridays from 9.30-11am, at 29 Dellamarta Road. Cost is \$20 per session. Same conditions as adult classes, please see reception or website for more details.

Holiday Program:

We are running a sporting program at High Flyers over the school holidays for 4-12 year olds, Tuesdays, Wednesdays and Thursdays only. Booking essential. Not open public holidays.

We do require a minimum of 10 participants to run each session.

Holiday club will be open weekdays from 10th April to 21st April 2017.

Full Day (\$80, includes lunch: 8.30-4pm

Half Day (\$45): 8.30-12pm or 12.30-4pm (includes morning and/or afternoon tea.)

Monday and Fridays, we will have an open kindy class, which is open to any child aged 18 months to 5 years of age; they do not have to be a member of High Flyers. Please see separate leaflet at the gym.

Please wear sporty clothing, no denim or jewellery, and bring a drink and socks. Limited class sizes, so bookings are essential. Full payment must be received at time of booking. Limited class sizes so booking essential.

GWA fees: Competitive athletes and siblings of competitive athletes please see competitive reception to receive your GWA cards if you have not already done so.

Media: In case you did not know Ricardo is our media expert and he says: 'First of all I want to congratulate everyone on the big effort to take the Club's media side of gymnastics to the next level. Thank you all for the pictures and captions that made our life a bit easier and helped inform all our online supporters of our current news, making our **website** (www.highflyerswa.com), **Facebook** (www.facebook.com/highflyerstga) and **twitter** (www.twitter.com/highflyerstga) The go to places for photos and event updates. If you haven't done so, don't forget to like and share all you can and help our gymnasts receive the recognition they deserve!' We also now have instagram and our handle is highflyerstga. Any news or pictures you would like us to share should be emailed to media@highflyerswa.com. We now have free WiFi for all our customers, please see noticeboards for details on how to log on!

Fundraising and Sponsorship: With more and more competitions running interstate, we now have three fundraising committees. TRP, please see Sandy Thornett if you wish to join. WAG please see coach Kylie and MAG please see coach Igor.

We are always on the lookout for sponsorship etc, to assist with the costs associated with more of our athletes competing both at an interstate and international level. All disciplines now have athletes that attend team future camps, which are for future high flying athletes. If you can help in any way, we do have packages available; contact admin@highflyerswa.com.

Results from comps:

Higher levels competitive athletes have started their competitions for 2017. All results should be posted on our website (highflyerswa.com) and Facebook within one week of the competition. Pictures are on Facebook and our website, and on the GWA results page. Due to Social Media Policy, we will not accept or post any pictures of girls in only their leotards, they should have either shorts or tracksuit on. Please send any information or pictures to Ricardo.

Good luck to all athletes.

Cheer at High Flyers: Cheer Aesthetics are now partnering with High Flyers and coaching competitive cheer programs for all ages and experience levels, from beginner to advanced level. This is held at the rec gym. If you are looking to join please contact coach Hannah on 0433 791 417 or cheeraesthetics@live.com.au, or see our website for more information. More Info on their Facebook page Cheer Aesthetics.

Premises for recreational athletes: We have moved across the road to 26 Dellamarta Road. We have a café and reception at both buildings to look after you all.

All competitors will remain at 29 Dellamarta Road, all recreational athletes will move to 26 Dellamarta Road, along with competitive tumbling.

We have a new Facebook page dedicated to the new premises, so take a look and give us a Like!

Car parks:

At our new venue Recreational gym- 26 Dellamarta Road, the access by car should be done as in the photo at all times we have arrows on the car park to assist you:

Entrance - ISMAIL STREET, Exit - DELLAMARTA ROAD This way it is safer for all our little gymnasts and it decreases the amount of confusion amongst drivers. Outside the front door is a kiss and drive area.

At the competitive gym please do not drop off in front of the staff car park, please park and drop off. There is too much congestion spilling onto the street making the area unsafe at peak times.

Please be courteous when parking, it does get very crowded especially between 3.30-5pm weekdays.

Please could you endeavour to reverse park at all times.

