



UPCOMING DATES

Mar 2015

21st Re-enrolments due 28th Enrolment day 2nd April Term 1 ends 20th April Term 2 starts for

Recreational athletes

Enrolment / Booking Forms



Download from Highflyerswa.com

Update Contact Details

Г 9309 3500

F 9409 1464

E admin@highflyerswa.com

Coach or Judge? Join Our Team!

T 9309 3500

E admin@highflyerswa.com See Tony, Becky, Mel, Pete

Welcome to our Easter 2015 Newsletter!

The last day for recreational athletes is Saturday 4th April, returning from 20th April 2015. Competitive athletes please see your coaches for your break times, due to competitions.

As per our Dress Code, no jewellery, except one pair of studs, is to be worn by any athletes at High Flyers. If you are unable to take out your piercings, due to them being new, they must be covered.

Please be courteous when parking, it does get very crowded especially between 3.30-5pm weekdays. Please could you endeavour to reserve park at all times.

No parking or dropping off in staff car park (on your left before gates).

All children must wait indoors until a parent has collected them. If you are going to be late please ring so your child will not be worried.

Please make sure the front seats on the mezzanine floor are for parents only, during busy times. There is room for the children at the back, especially if not watching. We have had many complaints from parents about viewing, so please be courteous. Igor has even built an elevated area for more viewing access.



Re-Enrolment's: Recreational athletes should have received a re-enrolment form from your coach. Please return the re-enrolment form fully completed, especially with correct e-mails and mobile numbers, as these are our preferred way of communication. Please check your fees payable as there may be a credit from overpayment in term 1 due to you, or an amount due from an underpayment from term 1. This form must come back to reception along with your full payment, even if paid via Internet or telephone.

Easter training for competitive athletes; Please see your coaches for details of dates not training, as competition season has begun for the higher level athletes. May we wish all athletes good luck for the up and coming season.

Enrolment Day: We will be holding an enrolment day for people on the waiting list on 28th March, from 9am. This is invitational only. Re-enrolments need to be in by Saturday 21st March 2015 along with full fees, otherwise your spot will be filled. People on the waiting list will be invited by text message, to attend the enrolment day nearer the time.

Welcome Pack: All new members receive a tee shirt and a drinks voucher for the café, as long as they have paid their one off family joining fee (\$26 per family). Please see reception if you have not received one.

GWA cards: Please make sure all competitive athletes have collected their card and pamphlet from reception, these are ready one week after you have paid. If you need one for any siblings that are in the recreational program please ask at reception and they will be made as we go. Recreational athletes are processed after they have been at High Flyers for one term, and are ready for collection at reception from week 5 onwards for your card and pamphlet.

Kindy: If your child turns 5 during term 2, they need to get their names on the waiting list for after school classes, as they do get priority. The trampoline and gymnastics is split. They can join the recreation program the term they turn 5, or once they are 4.5 and have completed a full term of kindy. They have priority as long as they are already enrolled in the kindy classes. They may also stay in the kindy program until they start full time school, if they prefer. Please see Kylie if any questions.

From term 2 we are going to have a couple of classes for under one years to 17months of age. Please see Kylie if you would be interested in these classes or email admin@highflyerswa.com.

We have introduced a 'pay as you go' session for children who can walk to school age, on a Monday from 1.15-2.15pm. This session is a chance for you to bring your child along and interact with them on the gym floor. We have a coach present, but this class is not structured. No need to book, just come along and pay \$10 per class.

High Flyers uniform extra's: Did you know we have several items with High Flyers logos on such as hoodies (\$60 child size, \$65 adults), beanies \$25 each (one size), backpacks \$45. We can get your name added on most as an extra. They are all black.

We have just started stocking grips for bars (ladies and men's) and shoes for trampolining and double mini. Please see reception to order.

Holiday Program:

We are running a sporting program at High Flyers over the school holidays for 5-12 year olds. Booking essential. We do require a minim of 10 to run each session.

Holiday club will be open weekdays from 7th to 17th April, apart from Easter Monday.

Full Day (\$70, includes lunch) 8.30-4pm

Half Day (\$40) 8.30-12pm or 12.30-4pm

Monday and Friday we will have open kindy classes, which are open to any child; they do not have to be a member of High Flyers. Please wear sporty clothing, no denim or jewellery, and bring a drink and socks. Limited class sizes, bookings essential. Full payment must be received at time of booking. We do require a minim of 10 children to run the holiday program.

9-10am is our Kindy lesson for children who can walk to age 3.5yrs with parent.

10.15-11.15am is our Kindy Rec lesson for children age 3.5-5yrs without their parent. Cost is \$15 per child.

HPP (High Performance Programme) Mens: Congratulations to Max Woloszyn who has left WA and is now training full time with the MAG Centre of Excellence in Canberra, congratulations to Igor for all of his hard work during his years of coaching Max. Congratulations go to Jeremy Choong who has made the selection for a team future junior camp. These are athletes with potential to make Australian team and are invited to interstate camps to assist with their pathway. Igor was also invited as a master coach to assist the other Australian coaches with the technical concepts on apparatus.

Future Plans: Plans have now been approved and building work is due to start later in the year. The owners are building a purpose built trampoline, double mini trampoline and tumble area. This new area will also be built at a height of 10m, being the new regulation height; the existing area is 8m high. The main hall will then have more room for the gymnastics apparatus area, which will be re-designed. We also propose to have a new floor area where the trampolines are now.

High Flyers Championships and Competitions:

The season is kicking off for the national level athletes in all disciplines. Please go along to their competitions to support your fellow athletes. Please take your GWA card with you and it is free entry. If you do not have one please see reception two weeks before you attend so they can process it.

Trampoline and tumbling National Clubs in August 2015: This year national clubs will be run very similar to nationals, so we will be sending a team of High Flyers representing Trampoline, tumbling, WAG and MAG. Make sure your expression of interest is in asap if you are interested in attending.

Facebook: Please visit and like our Facebook page. We try to put various articles on there that will be of interest to all. If you have any photos we can use for either Facebook or our website, please send them in. We have had our website re-vamped (highflyerswa.com), if you would like to make any comments, please email admin@highflyerswa.com.

Fundraising and Sponsorship: With more and more competitions interstate, we now have three fundraising committees. TRP, please see coach Bev if you wish to join. WAG: please see coach Becky and MAG: please see coach Igor. We are always on the lookout for sponsorship etc. to assist with costs.

We are always on the lookout for sponsorship etc. to assist with the costs associated with more of our athletes competing both on an interstate and international level. If you can help in any way, we do have packages available; contact highflyers1@bigpond.com for more information. As an example, our top male trampolinist did around 5 competitions internationally in a 12 month period, the total cost being \$20,000. All fundraising and sponsorship goes towards helping all of our athletes from the lower levels to the elite groups. We also provide a lot more coach education, now aimed at higher level coaching.

Administration: Please make sure reception have your updated details, as our preferred method of contact is email or text. We also need these details for the GWA insurance database.

ANZ: High Flyers have been banking with ANZ for nearly 10 years, they have come on board with a scheme to assist us to help you. We have set up a scheme which involves you contacting Tony or Emma and asking for a referral form to discuss a reduced interest rate for your new mortgage with ANZ. In doing so, High Flyers will earn a small bonus and you will receive a reduced interest rate. Please let as many people know as you can.

Programs: If there are any programs you would like to see introduced into the club, please let us know by email. When the new build is completed, it will result in us having more floor space.

As always, we do need more coaches to assist us at High Flyers. So if you are interested in coaching, please come and see us.

GWA Awards night: Well done to all nominees for the GWA awards for 2014. To the winners extra congratulations.

Josh DiNucci won MAG elite athlete of the year, Curtis Booth won TRP athlete of the Year, Jayden Cooney won DMT athlete of the year, and Jack Petrie won DMT athlete of the year. Tony Burton won TRP official of the year and Oleg won Mag International coach of the year, and also GWA Award of merit for 10 years service to gymnastics.

High Flyers came 4th Best overall club in 2014, well done to all athletes. Trampoline section won best trampoline club for the 8th year in a row. Keep up the good work.