



HOLIDAY CLUB AND KINDY GYM

- ◇ The holiday club will be running 25th Sept to 5th Oct 2018. Tuesday/Thursday only.
- ◇ Full day 8.30-4pm, **\$80**
1/2 day 8.30-12 or 12.30-4pm, **\$45**
- ◇ Booking essential as limited places.
- ◇ Must be paid at time of booking.
- ◇ **Minimum of 10 to run the session.**
- ◇ Age 4-12yrs. 4 yr olds half day only.



Activities include trampolining, gymnastics and lots of fun team and sporting games within our purpose built gymnastic and trampoline centre. Please bring drink bottle, socks for trampolining, and wear sporty clothing, no denim. Café is open to buy snacks, we provide mid morning tea and afternoon tea and lunch if staying all day.

BOOK ONLINE NOW WITH OUR NEW PARENT PORTAL, SEE WEBSITE FOR DETAILS.

Classes for walking toddlers to children aged 5 yrs will be running over the holidays Monday (1st Oct 2018) and Friday (28th Sept, 5th Oct 2018). Kindy lessons run from 9-10am. Parents join in if under 3.5yrs.

Classes at **26 Dellamarta Rd Gym.**

These are open to any pre-school child and you do not have to be a member of High Flyers. Cost is \$15 per child.

Please call to reserve a place, we require 5 or more to run a class. We reserve the right to cancel a class 48 hrs prior to the class and will refund if we have to cancel.



HOLIDAY WORKSHOPS & OPEN SESSIONS

Come and have a go at one of our open gymnastics sessions at 29 Dellamarta Rd (with the pit) gym Monday and Wednesday then Friday at 26 Dellamarta Rd (with the trampoline wall and parkour equipment) gym. It is a fun casual session of gymnastics, tumbling, trampolining and FreeG with free running techniques for anyone. Coaches are there to watch for safety, it is not a formal class. It does not matter if you are an ex-gymnast or your first time at High Flyers, this session lets you try all disciplines.

Monday/Wednesday/Friday 12.30-2.30pm 4-12yrs \$15 each

NEW WORKSHOPS FOR OCTOBER HOLIDAYS:

Come and try workshops for 7 yrs plus. 10.30-12pm \$15 each

Monday: learn to use beams and bars equipment bars, at 29 Dellamarta Rd gym with a High Flyers competitive coach.

Wednesdays: learn to somersault, at 29 Dellamarta Rd gym with the pit with High Flyers competitive Head coach on 3rd October and Head coach of recreational trampolining on 26th Sept.

Fridays: learn to parkour and free run, using the wall runs, side flips etc. at 26 Dellamarta Rd gym with High Flyers head FreeG coach.

Must book 24 hrs in advance, as limited numbers. 26th Sept-6th Oct 2018.

Closed public holidays.

Why not stay all day for workshop, lunch and open session for an extra \$7.50. LIMITED OFFER.



26 and 29 DELLAMARTA RD, WANGARA, 6065
9309 3500 (GYM)

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www.highflyerswa.com