highflyers

TRAMPOLINE + GYMNASTICS

ADULTS CLASSES

Come and have a go at one of our adult classes. It is a fun casual session of gymnastics, tumbling and trampolining for anyone 16 years and over. Does not matter if you are an ex-gymnast or just wanting to learn, this class has it all.

Our qualified coaches have many years of experience and are able to help you with any particular skill you may want to learn. Improve your flexibility, fitness, strength, co-ordination, confidence and skill level.

Classes run Mondays 7.30-9pm for gymnastics, trampoline and tumbling, and Thursdays 7.30-9pm for trampolining and tricking only.
Cost $20 per session.
There is an additional fee of $80 per calendar year for GWA affiliation with sports injury insurance which is compulsory after 3 trials. The cost then goes down to $15 per session once paid.

Gymnastics Western Australia

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