







HIGH FLYERS RECREATIONAL TIMETABLE (at 26 Dellamarta Rd)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|---|---|
| <p>KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC* 12-1pm</p> <p>SPECIAL NEEDS (PRIVATE BOOKING) 3-3.30pm</p> <p>GENTLE GYM* 9.30-11am</p> | <p>KINDY 9.30-10.30am KINDY REC 10.45-11.45am</p> <p>HOME SCHOOL 1-2.30pm</p> <p>SPECIAL NEEDS (PRIVATE BOOKING) 3-3.30pm</p> | <p>KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC* 12-1pm</p> <p>SPECIAL NEEDS (PRIVATE BOOKING) 3-3.30pm</p> | <p>KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC* 12-1pm</p> <p>SPECIAL NEEDS GROUP 2.30-3.30pm (PRIVATE BOOKING) 3-3.30pm</p> | <p>KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC* 12-1pm</p> <p>SPECIAL NEEDS GROUP 3-3.30pm (PRIVATE BOOKING)</p> <p>GENTLE GYM* 9.30-11am</p> | <p>KINDY REC 9-10am KINDY REC 9-10am 10.15-11.15am</p> <p>REC GYM 10.15-11.15am</p> <p>REC TRAMP 10-11am</p> <p>OPEN SESSION* 12-1.30pm 1.45-3.15pm</p> |
| <p>REC GYM 3.50-4.50pm REC GYM 5-6pm REC GYM 6-7.30pm</p> <p>REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 5.45-6.45pm</p>  | <p>REC GYM 3.50-4.50pm REC GYM 5-6.30pm REC GYM 6.30-8pm</p> <p>REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 5.45-6.45pm</p> <p>REC TUMBLING 4-5pm REC TUMBLING 5-6.30pm</p> <p>More information on www.highflyerswa.com</p> <p>08 9309 3500</p> | <p>REC GYM 3.50-4.50pm REC GYM 5-6pm REC GYM 6-7.30pm</p> <p>REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 5.45-6.45pm</p> <p>REC TUMBLING 4-5pm REC TUMBLING 5-6pm</p>  <p>Gymnastics Western Australia</p> | <p>REC GYM 3.50-4.50pm REC GYM 5-6.30pm REC GYM 6.30-8pm</p> <p>REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 5.45-6.45pm</p> <p>REC TUMBLING 4-5.30pm REC TUMBLING 5.30-7.30pm</p> <p>More information on www.highflyerswa.com</p> <p>08 9309 3500</p> | <p>REC GYM 3.50-4.50pm REC GYM 5-6pm REC GYM 6-7.30pm</p> <p>REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 7-9pm (improvers)</p> <p>FREEG 5-6.30pm</p>  <p>Gymnastics Western Australia</p> | <p>*Please check with reception to see if class running.</p>  |

HIGH FLYERS COMPETITIVE TIMETABLE (at 29 Dellamarta Rd)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|---|--|--|
| MG8+ 6.45-8.45am (Loftus) Trampoline Comp Squad 4-7pm, 7.30-9pm WAG Sq1 L7/8 4-7.30pm WAG Sq2 L6 4-7pm WAG Sq3 L5 4-7.30pm WAG Sq4 L4b 4.30-7.30pm CL Sq1 L6+ 5-7.30pm MG L8+ 4-7.30pm MG L6/7/8 4-7.30pm MG L5/6/7 4-7.30pm MG L4 4-7.30pm Tumbling Comp Squad L1/2 4-5.30pm Tumbling Comp Squad L3/3a 5.30-8pm Tumbling Comp Squad L4-6 4-6pm Tumbling Comp Squad L6+ 6-9pm ADULT GYM/ TRAMP 7.30-9pm ALL TUMBLING AT 26 DELLAMARTA RD GYM | MG5/6/7/8+ 6.45-8.45am (Loftus) Sq1 NL7/8 6-8am Trampoline Comp Squad 4-6pm, 6-9pm WAG Sq1 L7/8 4.30-7.30pm WAG Sq2 L6 4-7.30pm WAG Sq4 L4a 4-7pm WAG Sq4 L4b 4.30-7.30pm WAG Sq6 L2 4-6.30pm CL Sq3 L3 5-7.30pm MG L8+ 4-7.30pm MG L6/7/8 4-7.30pm MG L3 4-7pm Tumbling Comp Squad L4-6 4-6pm L6+ 6-9pm More information on www.highflyerswa.com 08 9309 3500 | Trampoline Comp Squad 6-8am Trampoline Comp Squad 4-6pm, 6-9pm WAG Sq1 L7/8 4.30-8pm WAG Sq3 L5 4-7.30pm WAG Sq4 L4a 4-7pm WAG Sq5 L3 4.30-7.30pm WAG Sq7 L2 4-6.30pm CL Sq1 L6 5-7.30pm MG L8+ 4-7.30pm MG L5/6/7 4-7.30pm MG L4 4-7.30pm Tumbling Comp Squad L4-6/6+ 4-7pm  Gymnastics Western Australia  Highflyers Trampoline & Gymnastics Academy | MG8+ 6.45-8.45am (Loftus) MG L7/6/5 6.30-8am Trampoline Comp Squad 4-6pm, 6-9pm WAG Sq2 L6 4-7.30pm WAG Sq5 L3 4.30-7.30pm WAG Sq8 L1 4-6.30pm CL Sq2 L5 4.30-7.30pm CL Sq3 L3 5-7.30pm MG L6/7/8 4-7.30pm MG L3 4-7pm MG L2 4-7pm Tumbling Comp Squad L1/2 4-5.30pm Tumbling Comp Squad L3/3a 5.30-7.30pm ADULT GYM/ TRAMP 7.30-9pm More information on www.highflyerswa.com 08 9309 3500 | MG6/7/8+ 6.45-8.45am (Loftus) Sq1 NL8 6-8am Trampoline Comp Squad 6-8am Trampoline Comp Squad 4-6pm, 6-9pm WAG Sq1 L7/8 4-7pm WAG Sq3 L5 4-7pm WAG Sq4 L4a 4-7pm WAG Sq4 L4b 4.30-7.30pm MG L8+ 4-7.30pm (Loftus) MG L6/7/8 4-7.30pm (Loftus) MG L5/6/7 4-7.30pm (Loftus) MG L4 4-7.30pm MG Dev 4-6pm Tumbling Comp Squad L1/2 4-5.30pm Tumbling Comp Squad L3/3a 5.30-8pm Tumbling Comp Squad L4-6 4-6pm ALL TUMBLING AT 26 DELLAMARTA RD GYM | Trampoline Comp Squad 8-11am, 11-1pm Tumbling Comp Squad L1-7 7-10am WAG Sq1 L7/8 8-12pm WAG Sq2 L6 8-12pm WAG Sq3 L5 8.30-12pm WAG Sq5 L3 9-12pm WAG Sq7 L2 10.30-1.30pm CL Sq1 L6 8.30-11.30am CL Sq2 L5 9-12pm WAG Sq10 Dev 11.30-2pm WAG Sq11 Dev 12-2.30pm WAG Sq4 L4a 12.30-3.30pm WAG Sq4 L4b 1-4pm WAG Sq6 L2 12-3pm WAG Sq8 L1 2-4.30pm WAG Sq9 Adv Dev 2-4.30pm MG L5/6/7 8-12pm MG L3 9-12pm MG L2 9-11.30am MG L8+ 12-4pm MG L6/7/8 12.30-4.30pm MG L4/5 12.30-4.30pm Extreme Gym 6-7.30pm |