







HIGH FLYERS RECREATIONAL TIMETABLE (at 26 Dellamarta Rd)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC* 12-1pm SPECIAL NEEDS 3-3.30pm	KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC* 12-1pm GENTLE GYM 9.30-11am HOME SCHOOL 1-2.30pm SPECIAL NEEDS 3-3.30pm	KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC* 12-1pm SPECIAL NEEDS 3-3.30pm	KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC 12-1pm SPECIAL NEEDS GROUP 3-3.30pm GENTLE GYM 9.30-11am	KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC 12-1pm SPECIAL NEEDS GROUP 3-3.30pm	KINDY REC 9-10am REC TUMB 10-11am, 11-12pm 10-11.30am REC GYM 10-11am 11-12pm REC TRAMP 10-11am FREEG 11-12pm
REC GYM 3.50-4.50pm REC GYM 5-6pm REC GYM 6-7.30pm REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 5.45-6.45pm FREEG 6-7pm	REC GYM 3.50-4.50pm REC GYM 5-6.30pm REC GYM 6.30-8pm REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 5.45-6.45pm REC TUMBLING 4-5pm REC TUMBLING 5-7pm	REC GYM 3.50-4.50pm REC GYM 5-6pm REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 5.45-6.45pm REC TUMBLING 4-5pm REC TUMBLING 5-6pm	REC GYM 3.50-4.50pm REC GYM 5-6.30pm REC GYM 6.30-8pm REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 5.45-6.45pm REC TUMBLING 4-5.30pm REC TUMBLING 5.30-7.30pm FREEG 6-7.30pm	REC GYM 3.50-4.50pm REC GYM 5-6pm REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 5.45-6.45pm FREEG 5-6.30pm	OPEN SESSION* 12-1.30pm 1.45-3.15pm *Please check with reception to see if class running.
	More information on www.highflyerswa.com 08 9309 3500	 Gymnastics Western Australia	More information on www.highflyerswa.com 08 9309 3500	 Gymnastics Western Australia	

HIGH FLYERS COMPETITIVE TIMETABLE (at 29 Dellamarta Rd)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>MG8/9+ 6.30-8.30am (Loftus)</p> <p>Trampoline Comp Squad 4-7pm, 7.30-9pm</p> <p>WAG Sq1 L7-9 4-7.30pm WAG Sq2 L5-7 4-7.30pm WAG Sq3 L4/5 4-7.30pm WAG Sq5 L3/4 4.30-7.30pm WAG Sq6 L3 4.30-7.30pm</p> <p>MG L8/9+ 4-7.30pm MG L8/7/6 4-7.30pm MG L7/6/5 4-7.30pm MG L4 4-7.30pm</p> <p>Tumbling Comp Squad Comp Beg 4-5.30pm Tumbling Comp Squad Comp Int 5.30-8pm Tumbling Comp Squad Comp Adv 4-6pm Tumbling Comp Squad Comp Elite 6-9pm</p> <p>ADULT GYM/ TRAMP 7.30-9pm</p> <p>ALL TUMBLING AT 26 DELLAMARTA RD GYM</p>	<p>MG5/6/7/8/9+ 6.30-8.30am (Loftus)</p> <p>Squad 1 / Squad 2 Optional 6-8am</p> <p>Trampoline Comp Squad 4-6pm, 6-9pm</p> <p>WAG Sq1 L7/9 4-7.30pm</p> <p>WAG Sq2 L5-7 4-7.30pm</p> <p>WAG Sq4 L4/5 4-7.30pm WAG Sq 8 L1 4-6.30pm Club 2 CL4-6 5-7.30pm Club 3 L3/4 4.30-7pm</p> <p>MG L8/9+ 4-7.30pm MG L8/7/6 4-7.30pm MG L3 4-7.30pm MG L2 4-7pm</p> <p>Tumbling Comp Squad Comp Adv 4-6pm Tumbling Comp Squad Comp Elite 6-9pm</p> <p>More information on www.highflyerswa.com 08 9309 3500</p> 	<p>Trampoline Comp Squad 6-8am</p> <p>Trampoline Comp Squad 4-6pm, 6-9pm</p> <p>WAG Sq1 L7/9 4.30-8pm</p> <p>WAG Sq3 L4/5 4-7.30pm WAG Sq4 L4/5 4-7.30pm WAG Sq5 L3/4 4.30-7.30pm WAG Sq6 L3 4-7pm Club 1 CL5-7 4-7pm</p> <p>MG L8/9+ 4-7.30pm MG L7/6/5 4-7.30pm MG L4 4-7.30pm MG L1 4-6pm</p> <p>Tumbling Comp Squad Comp Int 4-6.30pm</p>  <p>Gymnastics Western Australia</p>	<p>MG8/9+ 6.30-8.30am (Loftus) MG L7/6/5 6.30-8.30am</p> <p>Trampoline Comp Squad 4-6pm, 6-9pm</p> <p>WAG Sq2 L5-7 4-7.30pm WAG Sq5 L3/4 4-7pm WAG Sq7 L2/3 4-7pm WAG Sq9 L1 4-6.30pm Senior Development 4.30-7pm Club 2 CL4-6 4.30-7.30pm</p> <p>MG L7/6/5 4-7.30pm MG L3 4-7pm MG L2 4-7pm</p> <p>Tumbling Comp Squad Comp Adv 5-8pm</p> <p>ADULT GYM/ TRAMP 7.30-9pm</p> <p>More information on www.highflyerswa.com 08 9309 3500</p>	<p>MG6/7/8/9+ 6.30-8.30am (Loftus)</p> <p>Squad 1 / Squad 2 Optional 6-8am</p> <p>Trampoline Comp Squad 6-8am</p> <p>Trampoline Comp Squad 4-6pm, 6-9pm</p> <p>WAG Sq1/WAG Sq2 Optional 4-7pm WAG Sq3 L4/5 4-7.30pm WAG Sq4 L4/4 4-7pm Club 1 CL5-7 4-7pm Club 3 CL3/4 4.30-7pm</p> <p>MG L8/9+ 4-7.30pm (Loftus) MG L7/6/5 4-7.30pm (Loftus) MG L4 4-7.30pm MG L1 4.30-6.30pm</p> <p>Tumbling Comp Squad Comp Int 5.30-8pm Tumbling Comp Squad Comp Adv 4-7pm</p> <p>ALL TUMBLING AT 26 DELLAMARTA RD GYM</p>	<p>Trampoline Comp Squad 8-11am, 11-1pm</p> <p>Tumbling Comp Squad Comp Adv/Elite 7-10am</p> <p>WAG Sq1 L7/9 8-12pm WAG Sq2 L5-7 8-12pm WAG Sq3 L4/5 10-1.30pm WAG Sq5 L3/4 8-11am Club 1 CL5-7 9am-12pm WAG Sq9 L1 8.30-11am Development 2 11.30-2pm WAG Sq4 L4/5 12-4pm WAG Sq6 L3 12-3pm WAG Sq7 L2/3 1-4pm WAG Sq8 L1 12-2.30pm Senior Development 1-4pm Junior Development 2-4.30pm Club 2 CL4-6 12.30-3.30pm</p> <p>MG L7/6/5 8-12pm MG L3 9-12pm MG L2 8.30-11.30am MG L8/9+ 12-4pm MG L8/7/6 12.30-4.30pm MG L4/5 12.30-4.30pm</p> <p>Extreme Gym 6-7.30pm</p>