







HIGH FLYERS RECREATIONAL TIMETABLE (at 26 Dellamarta Rd)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC* 12-1pm</p> <p>SPECIAL NEEDS (PRIVATE BOOKING) 3-3.30pm</p>	<p>KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC* 12-1pm GENTLE GYM 9.30-11am HOME SCHOOL 1-2.30pm</p> <p>SPECIAL NEEDS (PRIVATE BOOKING) 3-3.30pm</p>	<p>KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC* 12-1pm</p> <p>SPECIAL NEEDS (PRIVATE BOOKING) 3-3.30pm</p>	<p>KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC 12-1pm</p> <p>SPECIAL NEEDS GROUP 2.30-3.30pm (PRIVATE BOOKING) 3-3.30pm GENTLE GYM 9.30-11am</p>	<p>KINDY 9.30-10.30am KINDY REC 10.45-11.45am KINDY REC 12-1pm</p> <p>SPECIAL NEEDS GROUP 3-3.30pm (PRIVATE BOOKING)</p>	<p>KINDY REC 9-10am REC TUMB 10-11am, 11-12pm 10-11.30am REC GYM 10-11am 11-12pm REC TRAMP 10-11am FREEG 11-12pm</p>
<p>REC GYM 3.50-4.50pm REC GYM 5-6pm REC GYM 6-7.30pm</p> <p>REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 5.45-6.45pm</p> 	<p>REC GYM 3.50-4.50pm REC GYM 5-6.30pm REC GYM 6.30-8pm</p> <p>REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 5.45-6.45pm</p> <p>REC TUMBLING 4-5pm REC TUMBLING 5-7pm</p> <p>More information on www.highflyerswa.com</p> <p>08 9309 3500</p>	<p>REC GYM 3.50-4.50pm REC GYM 5-6pm</p> <p>REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 5.45-6.45pm</p> <p>REC TUMBLING 4-5pm REC TUMBLING 5-6pm</p>  <p>Gymnastics Western Australia</p>	<p>REC GYM 3.50-4.50pm REC GYM 5-6.30pm REC GYM 6.30-8pm</p> <p>REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 5.45-6.45pm</p> <p>REC TUMBLING 4-5.30pm REC TUMBLING 5.30-7.30pm</p> <p>More information on www.highflyerswa.com</p> <p>08 9309 3500</p>	<p>REC GYM 3.50-4.50pm REC GYM 5-6pm</p> <p>REC TRAMPOLINE 3.45-4.45pm REC TRAMPOLINE 4.45-5.45pm REC TRAMPOLINE 7-9pm (improvers)</p> <p>FREEG 5-6.30pm</p>  <p>Gymnastics Western Australia</p>	<p>OPEN SESSION* 12-1.30pm 1.45-3.15pm</p> <p>*Please check with reception to see if class running.</p> 

HIGH FLYERS COMPETITIVE TIMETABLE (at 29 Dellamarta Rd)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>MG8/9+ 6.30-8.30am (Loftus)</p> <p>Trampoline Comp Squad 4-7pm, 7.30-9pm</p> <p>WAG Sq1 L7-9 4-7.30pm WAG Sq2 L5-7 4-7.30pm WAG Sq3 L4/5 4-7.30pm WAG Sq5 L3/4 4.30-7.30pm WAG Sq6 L3 4.30-7.30pm</p> <p>MG L8/9+ 4-7.30pm MG L8/7/6 4-7.30pm MG L7/6/5 4-7.30pm MG L4 4-7.30pm</p> <p>Tumbling Comp Squad L1/2 4-5.30pm Tumbling Comp Squad L3/3a 5.30-8pm Tumbling Comp Squad L4-6 4-6pm Tumbling Comp Squad L6+ 6-9pm</p> <p>ADULT GYM/ TRAMP 7.30-9pm</p> <p>ALL TUMBLING AT 26 DELLAMARTA RD GYM</p>	<p>MG5/6/7/8/9+ 6.30-8.30am (Loftus)</p> <p>Squad 1 / Squad 2 Optional 6-8am</p> <p>Trampoline Comp Squad 4-6pm, 6-9pm</p> <p>WAG Sq1 L7/9 4-7.30pm</p> <p>WAG Sq2 L5-7 4-7.30pm</p> <p>WAG Sq4 L4/5 4-7.30pm WAG Sq 8 L1 4-6.30pm Club 2 CL4-6 5-7.30pm Club 3 L3/4 4.30-7pm</p> <p>MG L8/9+ 4-7.30pm MG L8/7/6 4-7.30pm MG L3 4-7.30pm MG L2 4-7pm</p> <p>Tumbling Comp Squad L4-6 4-6pm L6+ 6-9pm</p> <p>More information on www.highflyerswa.com 08 9309 3500</p> 	<p>Trampoline Comp Squad 6-8am</p> <p>Trampoline Comp Squad 4-6pm, 6-9pm</p> <p>WAG Sq1 L7/9 4.30-8pm</p> <p>WAG Sq3 L4/5 4-7.30pm WAG Sq4 L4/5 4-7.30pm WAG Sq5 L3/4 4.30-7.30pm WAG Sq6 L3 4-7pm Club 1 CL5-7 4-7pm</p> <p>MG L8/9+ 4-7.30pm MG L7/6/5 4-7.30pm MG L4 4-7.30pm MG L1 4-6pm</p> <p>Tumbling Comp Squad L4-6/6+ 4-7pm</p>  <p>Gymnastics Western Australia</p>	<p>MG8/9+ 6.30-8.30am (Loftus) MG L7/6/5 6.30-8.30am</p> <p>Trampoline Comp Squad 4-6pm, 6-9pm</p> <p>WAG Sq2 L5-7 4-7.30pm WAG Sq5 L3/4 4-7pm WAG Sq7 L2/3 4-7pm WAG Sq9 L1 4-6.30pm Senior Development 4.30-7pm Club 2 CL4-6 4.30-7.30pm</p> <p>MG L7/6/5 4-7.30pm MG L3 4-7pm MG L2 4-7pm</p> <p>Tumbling Comp Squad L1/2 4-5.30pm Tumbling Comp Squad L3/3a 5.30-7.30pm</p> <p>ADULT GYM/ TRAMP 7.30-9pm</p> <p>More information on www.highflyerswa.com 08 9309 3500</p>	<p>MG6/7/8/9+ 6.30-8.30am (Loftus)</p> <p>Squad 1 / Squad 2 Optional 6-8am</p> <p>Trampoline Comp Squad 6-8am</p> <p>Trampoline Comp Squad 4-6pm, 6-9pm</p> <p>WAG Sq1/WAG Sq2 Optional 4-7pm WAG Sq3 L4/5 4-7.30pm WAG Sq4 L4/4 4-7pm Club 1 CL5-7 4-7pm Club 3 CL3/4 4.30-7pm</p> <p>MG L8/9+ 4-7.30pm (Loftus) MG L7/6/5 4-7.30pm (Loftus) MG L4 4-7.30pm MG L1 4-6pm</p> <p>Tumbling Comp Squad L1/2 4-5.30pm Tumbling Comp Squad L3/3a 5.30-8pm Tumbling Comp Squad L4-6 4-6pm</p> <p>ALL TUMBLING AT 26 DELLAMARTA RD GYM</p>	<p>Trampoline Comp Squad 8-11am, 11-1pm</p> <p>Tumbling Comp Squad L1-7 7-10am</p> <p>WAG Sq1 L7/9 8-12pm WAG Sq2 L5-7 8-12pm WAG Sq3 L4/5 10-1.30pm WAG Sq5 L3/4 8-11am Club 1 CL5-7 9am-12pm WAG Sq9 L1 8.30-11am Development 2 11.30-2pm WAG Sq4 L4/5 12-4pm WAG Sq6 L3 12-3pm WAG Sq7 L2/3 1-4pm WAG Sq8 L1 12-2.30pm Senior Development 1-4pm Junior Development 2-4.30pm Club 2 CL4-6 12.30-3.30pm</p> <p>MG L7/6/5 8-12pm MG L3 9-12pm MG L2 8.30-11.30am MG L8/9+ 12-4pm MG L8/7/6 12.30-4.30pm MG L4/5 12.30-4.30pm</p> <p>Extreme Gym 6-7.30pm</p>